

**CLINICAL OUTCOMES  
IN ROUTINE EVALUATION**  
Learning Disability 30-Item Version

**CORE-LD30**

NHS NO:

AGE : GENDER: M F (please circle )

DATE:

EPISODE (e.g. baseline; discharge; follow-up):

ADMINISTRATOR:

This form has 30 statements, which correspond with the individual question cards. Use the visual prompt to support scoring where required. Once the person has responded to each question please tick (✓) the boxes on the right to note the response.



	Over the past week:	Not at all	Some times	Always / A lot	OFFICIAL USE
1	Have you felt very, very lonely?	0	1	2	Problems/Symptoms
2	Have you felt really worried?	0	1	2	Problems/Symptoms
3	Have you felt confused?	0	1	2	Problems/Symptoms
4	Have you felt like you have no energy to do anything?	0	1	2	Problems/Symptoms
5	Have you attacked someone?	0	1	2	Risk to Others
6	Have you managed to cope when things went wrong?	2	1	0	Risk to Self
7	Have you felt frustrated or upset with your learning disability?	0	1	2	Problems/Symptoms
8	Have you thought about hurting yourself?	0	1	2	Risk to Self
9	Have you found it hard to say how you feel?	0	1	2	Problems/Symptoms
10	Have you been too worried or anxious to do important things?	0	1	2	Problems/Symptoms
11	Have you felt happy with things you have done?	2	1	0	Risk to Self
12	Have you felt sad about people you have lost?	0	1	2	Problems/Symptoms
13	Have you felt like crying?	0	1	2	Problems/Symptoms
14	Have you felt really scared and frightened?	0	1	2	Problems/Symptoms
15	Have you bottled up angry feelings?	0	1	2	Problems/Symptoms
16	Have your problems felt too much for you?	0	1	2	Problems/Symptoms
17	Have you had difficulty getting to sleep or staying asleep?	0	1	2	Problems/Symptoms
18	Did you think about your problems at the time?	0	1	2	Problems/Symptoms
19	Have you threatened or shouted at someone?	0	1	2	Risk to Others
20	Have you felt that life is hopeless?	0	1	2	Risk to Self
21	Have you thought about ending your life?	0	1	2	Risk to Self
22	Have you felt people are getting at you?	0	1	2	Risk to Others
23	Has it been hard to make friends?	0	1	2	Problems/Symptoms
24	Have you felt unhappy?	0	1	2	Problems/Symptoms
25	Have you been really upset by memories or pictures that pop into your head?	0	1	2	Problems/Symptoms
26	Have you been cross or grumpy with other people?	0	1	2	Risk to Others
27	Have you thought your problems were your fault?	0	1	2	Problems/Symptoms
28	Have you thought things will get better?	2	1	0	Risk to Self
29	Have other people made you feel really bad about yourself?	0	1	2	Risk to Others
30	Have you hurt yourself on purpose?	0	1	2	Risk to Self

Problems / Symptoms

Risk to Self

Risk to Others

All items