

CHRIS EVANS

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GMC#: 2733667 RCPsych#: 7442 HEA fellow#: PR129538
Academic, researcher, clinically retired psychotherapist and psychiatrist.

QUALIFICATIONS & EDUCATION

1999	M.Sc., Advanced Family therapy, Tavistock Clinic & University of East London
1996	Certificate of Completion of Specialist Training in Psychotherapy
1995	Membership Institute of Group Analysis, IGA London
1988	M.R.C.PSYCH., Laughlin Prize for highest mark
1981	M.B., B.S. UNIVERSITY OF LONDON
1978	B.A. MEDICAL SCIENCES, CAMBRIDGE; 2:1; Part II: Psychology and Physiology

EMPLOYMENT

2021 —	Honorary Professor, University of Roehampton, London, UK
2021 —	Visiting Professor (Honorary), Universidad de Las Américas, Quito, Ecuador
2015 —	Various research consultancies, paid and <i>pro bono</i>
2017 — 2021	Visiting Professor (Honorary), Psychology Department, University of Sheffield
2020 — 2020	Visiting Professor Université Toulouse Jean-Jaurès (February/March)
2015 — 2017	Part-time visiting posts, University of Roehampton
2014 — 2016	Consultant medical psychotherapist, East London NHS Foundation Trust
2006 — 2016	Honorary Professor, Institute of Mental Health, University of Nottingham
2003 — 2014	Consultant Medical Psychotherapist, Nottinghamshire Healthcare NHS Trust
1998 — 2003	Associate Research Director, Tavistock & Portman NHS Trust (part-time)
1999 — 1999	Locum Consultant, Psychotherapy Clinic, Pathfinder Trust (part-time)
1996 — 1998	Locum Consultant, Prudence Skynner Family Therapy Clinic, Pathfinder Trust
1993 — 1998	Senior Lecturer in Psychotherapy, St. George's Hospital Medical School
1993 — 1996	Honorary S.R. in Psychotherapy, SGHMS
1988 — 1993	Clinical Research Fellow: Forensic Psychiatry, SGHMS
1986 — 1988	Clinical Research Fellow: Gen. Psychiatry, SGHMS
1984 — 1986	S.H.O./Registrar rotation in Psychiatry, St. George's
1981 — 1983	House Officer and S.H.O. years in Medicine, University College Hospital

PRIZES & HONOURS

2021	Honorary Associate member SIPSOT (Società Italiana di Psicologia dei Servizi Ospedalieri e Territoriali)
2009	Honorary Fellowship, UK Council for Psychotherapy
2006	Honorary Membership, British Association of Art Therapists
1988	Laughlin Prize for highest mark in MRCPsych exam

GRANTS

2017 — 2020	Co-applicant, co-designer & co-supervisor (with Dr. J. Hayes). <i>Developing humanistic psychotherapy for unwelcome experiences of presence</i> . University of Roehampton, fully funded PhD student bursary , awarded to Pablo Sabucedo.
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- 2016 — 2019** Co-applicant, co-designer, lead supervisor. *Psychometrics of the YP-CORE in the UK*. University of Roehampton, **fully funded PhD student bursary** held by Emily Blackshaw.
- 2017 — 2018** Co-applicant and co-designer (with Dr. J. Hayes). *A survey of presence in grief* University of Roehampton small grant, **£2,960**.
- 2013 — 2016** Co-applicant. *The clinical and cost effectiveness of lamotrigine for people with borderline personality disorder: Randomised controlled trial (LABILE)* NIHR HTA, **£1,562,429**
- 2010 — 2012** Co-applicant, *Developing an Individualized Patient-Progress System*, Fundação para a Ciência e a Tecnologia (Portugal) **€100,000**
- 2007 — 2008** Co-applicant, *How are Mental Capacity Act “Best Interests” determinations made?*, Nottinghamshire Healthcare NHS Trust **£21,920**
- 2007 — 2007** Co-applicant, *Better outcomes for the most excluded: evidence review of aclmn and mapping of existing services*, CSIP scoping survey **£25,068**
- 2004 — 2006** Co-applicant & co-designer. NHS National R&D Programme on Forensic Mental Health *A comparative ethnographic investigation into the culture, organisation, management techniques and environmental features of high-secure mental health units* **£94,789**
- 1998 — 2001** Co-applicant & co-designer. High Security Psychiatric Services Commissioning Board *Evaluation of a national service for patients with severe personality disorder based on the Henderson Hospital model* **£703k**
- 1998 — 1999** Co-applicant & co-designer. Home Office/Victim Support. *Review of services to families bereaved by homicide* **£22k**
- 1995 — 1996** Co-applicant & co-designer. Mental Health Foundation *Development of a core assessment battery for psychotherapy and counselling services* **£34k**
- 1996 — 1997** Co-applicant & co-designer. Mental Health Foundation, same project **£24k**
- 1998 — 1998** Co-applicant & co-designer. Mental Health Foundation, same project **£34k**

PUBLICATIONS

I have one co-authored book, 156 peer-reviewed papers and a Scopus h-index of 36.

BOOK

Evans, C. & Carlyle, J. (2021) “Outcome measures and evaluation in counselling and psychotherapy” SAGE, ISBN 978-1-4739-0673-0 <https://ombook.psychtc.org/book/>.

PEER-REVIEWED PAPERS.

1. Valdiviezo-Oña, J., Montesano, A., Evans, C., & Paz, C. (2023). Fostering practice-based evidence through routine outcome monitoring in a university psychotherapy service for common mental health problems: A protocol for a naturalistic, observational study. *BMJ Open*, 13(5), e071875. <https://doi.org/10.1136/bmjopen-2023-071875>
2. Evans, C., Carlyle, J., & Paz, C. (2023). Rigorous idiography: Exploring subjective and idiographic data with rigorous methods—The method of derangements. *Frontiers in Psychology*, 13, 1007685. <https://doi.org/10.3389/fpsyg.2022.1007685>
3. Paz, C., & Evans, C. (2023). A comparison of mental health of student and not student emerging adults living in Ecuador. *Scientific Reports*, 13(1), 1487. <https://doi.org/10.1038/s41598-023-27695-0>
4. Valdiviezo-Oña, J., Granja, E., Cuadros-López, A., Valdivieso-Meza, G., Evans, C., & Paz, C. (2022). Practice-based research with psychologists-in-training: Presentation of a supervision model and use of routine outcome monitoring (Investigación basada en la práctica con psicólogos en formación: presentación de un modelo de supervisión y uso de la monitorización rutinaria de resultados). *Studies in Psychology*, 1–26. <https://doi.org/10.1080/02109395.2022.2132749>

5. Evans, C. (2022). Practice Based Evidence (PBE) and therapies: Personal recommendations from the 30 years of the CORE system (Evidencia basada en la práctica (EBP) y psicoterapias: recomendaciones personales basadas en los 30 años del sistema CORE). *Studies in Psychology*, 1–27. <https://doi.org/10.1080/02109395.2022.2127235>
6. Yurtsever, I., Matusiak, Ł., Szepietowska, M., Evans, C., & Szepietowski, J. C. (2022). Body Shape Questionnaire-34 (BSQ) and Functionality Appreciation Scale (FAS) - pertinent body image screening tools: Creation and validation of Polish language versions. *Science Progress*, 105(3), 003685042211170. <https://doi.org/10.1177/00368504221117068>
7. Paz, C., Osejo-Taco, G., & Evans, C. (2021). Trajectories of success and/or distress: Protocol for an observational cohort study investigating changing psychological distress among emerging Ecuadorian adults over a year. *BMJ Open*, 11(12), e056361. <https://doi.org/10.1136/bmjopen-2021-056361>
8. Sabucedo, P., Hayes, J., & Evans, C. (2021). Narratives of experiences of presence in bereavement: Sources of comfort, ambivalence and distress. *British Journal of Guidance & Counselling*, 1–18. <https://doi.org/10.1080/03069885.2021.1983156>
9. Di Biase, R., Evans, C., Rebecchi, D., Baccari, F., Saltini, A., Bravi, E., Palmieri, G., & Starace, F. (2021). Exploration of psychometric properties of the Italian version of the Core Young Person’s Clinical Outcomes in Routine Evaluation (YP-CORE). *Research in Psychotherapy: Psychopathology, Process and Outcome*, 24(2). <https://doi.org/10.4081/ripppo.2021.554>
10. Zibetti, M. R., Serralta, F. B., & Evans, C. (2021). Longitudinal Distress among Brazilian University Workers during Pandemics. *International Journal of Environmental Research and Public Health*, 18(17), 9072. <https://doi.org/10.3390/ijerph18179072>
11. Evans, C., Paz, C., & Mascialino, G. (2021). “Infeliz” or “Triste”: A Paradigm for Mixed Methods Exploration of Outcome Measures Adaptation Across Language Variants. *Frontiers in Psychology*, 12, 695893. <https://doi.org/10.3389/fpsyg.2021.695893>
12. Paz, C., Hermosa-Bosano, C., & Evans, C. (2021). What Happens When Individuals Answer Questionnaires in Two Different Languages. *Frontiers in Psychology*, 12, 688397. <https://doi.org/10.3389/fpsyg.2021.688397>
13. Yassin, S., & Evans, C. (2021). A journey to improve Arabic-speaking young peoples’ access to psychological assessment tools: It’s not just Google translate! *Counselling and Psychotherapy Research*, capr.12431. <https://doi.org/10.1002/capr.12431>
14. Grau Touriño, A., Feixas, G., Medina, J. C., Paz, C., & Evans, C. (2021). Effectiveness of integrated treatment for eating disorders in Spain: Protocol for a multicentre, naturalistic, observational study. *BMJ Open*, 11(3), e043152. <https://doi.org/10.1136/bmjopen-2020-043152>.
15. Avdi, E., & Evans, C. (2020). Exploring Conversational and Physiological Aspects of Psychotherapy Talk. *Frontiers in Psychology*, 11, 591124. <https://doi.org/10.3389/fpsyg.2020.591124>.
16. Serralta, F. B., Zibetti, M. R., & Evans, C. (2020). Psychological Distress of University Workers during COVID-19 Pandemic in Brazil. *International Journal of Environmental Research and Public Health*, 17(22), 8520. <https://doi.org/10.3390/ijerph17228520>.
17. Paz, C., Evans, C., Valdiviezo-Oña, J., & Osejo-Taco, G. (2020). Acceptability and Psychometric Properties of the Spanish Translation of the Schwartz Outcome Scale-10 (SOS-10-E) Outside the United States: A Replication and Extension in a Latin American Context. *Journal of Personality Assessment*, 1–10. <https://doi.org/10.1080/00223891.2020.1825963>.
18. Sabucedo, P. & Evans, C. (2020) Perceiving those who are gone: Cultural research on post-bereavement perception or hallucination of the deceased. *Transcultural Psychiatry*. <https://doi.org/10.1177/1363461520962887>.
19. Paz, C., Mascialino, G., & Evans, C. (2020). Exploration of the psychometric properties of the Clinical Outcomes in Routine Evaluation–Outcome Measure in Ecuador. *BMC Psychology*, 8(1), 94–105. <https://doi.org/10.1186/s40359-020-00443-z>.
20. Paz, C., Mascialino, G., Proaño, K., & Evans, C. (2020). Psychological intervention change measurement in Latin America: Where from? Where to? *Psychotherapy Research*, 1–10. <https://doi.org/10.1080/10503307.2020.1750728>.

21. Evans, C., Sabucedo, P., & Paz, C. (2020). Supporting practice based evidence in the COVID-19 crisis: Three researcher-practitioners' stories. *Counselling Psychology Quarterly*, 1–9. <https://doi.org/10.1080/09515070.2020.1779661>.
22. Sabucedo, P., Evans, C., Gaitanidis, A., & Hayes, J. (2020). When experiences of presence go awry: A survey on psychotherapy practice with the ambivalent-to-distressing 'hallucination' of the deceased. *Psychology and Psychotherapy: Theory, Research and Practice*, 94, 464–480. <https://doi.org/10.1111/papt.12285>.
23. Honkalampi, K., Flink, N., Sinikallio, S., Seilo, N., Karkkola, P., & Evans, C. (2020). The psychometric exploration of the Finnish CORE-10 in a university student sample. *Psykologia*, 54, 274–287.
24. Paz, C., Adana-Díaz, L., & Evans, C. (2020). Clients with different problems are different and questionnaires are not blood tests: A template analysis of psychiatric and psychotherapy clients' experiences of the CORE-OM. *Counselling and Psychotherapy Research*. <https://doi.org/10.1002/capr.12290>.
25. Paz, C., & Evans, C. (2019). The Clinical Outcomes in Routine Evaluation-Outcome Measure: A useful option for routine outcome monitoring in Latin America. *Revista Brasileira de Psicodrama*, 27(2), 226–230. <https://doi.org/10.15329/2318-0498.20190024>.
26. Zhang, Y., Hu, J., Evans, C., Jin, L. W., Wu, M. Y., Wang, C. Y., ... Chen, G. P. (2019). Psychometric properties of the Chinese version of the clinical outcomes in routine evaluation-outcome measure (CORE-OM) *British Journal of Guidance and Counselling*. <https://doi.org/10.1080/03069885.2019.1682120>.
27. Napoleone, E., Evans, C., Patalay, P., Edbrooke-Childs, J. & Wolpert, M. (2019) Trajectories of change of youth depressive symptoms in routine care: shape, predictors, and service-use implications. *European Child & Adolescent Psychiatry*. 28(11):1127-1136. <https://doi.org/10.1007/s00787-019-01317-5>.
28. Di Malta, G., Evans, C., & Cooper, M. (2019). Development and validation of the relational depth frequency scale. *Psychotherapy Research*, 1–15. <https://doi.org/10.1080/10503307.2019.1585590>
29. Barrowcliff, A. L., Oathamshaw, S. C., & Evans, C. (2018). Psychometric properties of the CORE-LD30. *Journal of Intellectual Disability Research*. <https://doi.org/10.1111/jir.12551>.
30. Blackshaw, E., Evans, C, & Cooper, M. (2018) When Life gets in the Way: A systematic review of the assessment of life events in change over the course of counselling and psychotherapy for depression and anxiety in children and adolescents. *Counselling and Psychotherapy Research*, 18(2):143-153. <https://doi.org/10.1002/capr.12156>
31. Hall, D A., Zaragoza Domingo, S., Hamdache, L.V., Manchaiah, V., Thammaiah, S., Evans, C., Lena L. N. Wong, L.L.N. and on behalf of the International Collegium of Rehabilitative Audiology and TINnitus Research NETwork. (2017). A Good Practice Guide for Translating and Adapting Hearing-Related Questionnaires for Different Languages and Cultures. *International Journal of Audiology*, November, 57(3):161–175. <https://doi.org/10.1080/14992027.2017.1393565>.
32. Honkalampi, K., Aarno Laitila, A., Juntunen, H., Lehmus, K., Piiparinen, A., Törmänen, L., Inkinen, M. & Evans, C. (2017). The Finnish Clinical Outcome in Routine Evaluation Outcome Measure: Psychometric Exploration in Clinical and Non-Clinical Samples. *Nordic Journal of Psychiatry*, 71(8):589-597. <https://doi.org/10.1080/08039488.2017.1365378>.
33. Gergov, V., Lahti, J., Marttunen, M., Lipsanen, J., Evans, C., Ranta, K., ... Lindberg, N. (2017). Psychometric properties of the Finnish version of the Young Person's Clinical Outcomes in Routine Evaluation (YP-CORE) questionnaire. *Nordic Journal of Psychiatry*, 71(4), 250–255. <https://doi.org/10.1080/08039488.2016.1270352>
34. Twigg, E., Cooper, M., Evans, C., Freire, E. S., Mellor-Clark, J., McInnes, B., & Barkham, M. (2016). Acceptability, reliability, referential distributions, and sensitivity to change of the

- YP-CORE outcome measure: Replication and refinement. *Child and Adolescent Mental Health*, 21(2), 115–123. <https://doi.org/10.1111/camh.12128>
35. Rabung, S., Wieser, M., Thomas, A., Testoni, I., & Evans, C. (2016). Psychometric evaluation of the German version of the revised spontaneity assessment inventory (SAI-R). *Zeitschrift Für Psychodrama Und Soziometrie*, 15(S1), 25–39. <https://doi.org/10.1007/s11620-015-0313-x>
 36. Feixas, G., Trujillo, A., Bados, A., Garcia-Grau, E., Salla, M., Medina, J. C., ... Evans, C. (2016). Psychometric properties of the Spanish version of the Clinical Outcomes in Routine Evaluation-Outcome Measure. *Neuropsychiatric Disease and Treatment*, 12, 1457–1466. <https://doi.org/10.2147/NDT.S103079>
 37. Santana, M. R. M., da Silva, M. M., de Moraes, D. S., Fukuda, C. C., Freitas, L. H., Ramos, M. E. C., ... Evans, C. (2015). Brazilian Portuguese version of the CORE-OM: cross-cultural adaptation of an instrument to assess the efficacy and effectiveness of psychotherapy. *Trends in Psychiatry and Psychotherapy*, 37(4), 227–231. <https://doi.org/10.1590/2237-6089-2015-0002>
 38. Kristjánisdóttir, H., Sigursson, B. H., Salkovskis, P., Ólason, D., Sigurdsson, E., Evans, C., ... Sigursson, J. F. (2015). Evaluation of the Psychometric Properties of the Icelandic Version of the Clinical Outcomes in Routine Evaluation-Outcome Measure, its Transdiagnostic Utility and Cross-Cultural Validation. *Clinical Psychology and Psychotherapy*, 22(1), 64–74. <https://doi.org/10.1002/cpp.1874>
 39. Konstantinidou, H., & Evans, C. (2015). Pharmacotherapy and psychotherapy: the challenges of integrating two paradigms. *Psychoanalytic Psychotherapy*, 29(4), 1–20. <https://doi.org/10.1080/02668734.2015.1051096>
 40. Jokić-Begić, N., Korajlija, A. L., Jurin, T., & Evans, C. (2014). Faktorska struktura, psihometrijske karakteristike i kritična vrijednost hrvatskoga prijevoda CORE-OM [Factor Structure, Psychometric Properties and Cut-off scores of the Croatian version of the Clinical Outcomes in Routines Evaluation – Outcome Measure (CORE-OM)]. *Psihologijske Teme*, 23(2), 265–288.
 41. Martean, L., & Evans, C. (2014). Prescribing for personality disorder: qualitative study of interviews with general and forensic consultant psychiatrists. *Psychiatric Bulletin*, 38(3), 116–121. <https://doi.org/10.1192/pb.bp.113.044081>
 42. Huet, V., Springham, N., & Evans, C. (2014). The Art Therapy Practice Research Network: hurdles, pitfalls and achievements. *Counselling and Psychotherapy Research*, 14(3), 174–180. <https://doi.org/10.1080/14733145.2014.929416>
 43. Sales, C., Alves, P., Evans, C., & Elliott, R. (2014). The Individualized Patient Progress System (IPPS): a decade of international collaborative networking. *Counselling and Psychotherapy Research*, 13(3), 181–191. <https://doi.org/10.1080/14733145.2014.929417>
 44. Stratton, P., Lask, J., Bland, J., Nowotny, E., Evans, C., Singh, R., ... Peppiatt, A. (2013). Detecting therapeutic improvement early in therapy: validation of the SCORE-15 index of family functioning and change: Validation of the SCORE-15 index. *Journal of Family Therapy*, 36(1), 3–19. <https://doi.org/10.1111/1467-6427.12022>
 45. Bracken, P., Thomas, P., Timimi, S., Asen, E., Behr, G., Beuster, C., ... Yeomans, D. (2013). La Psiquiatría mas alla del paradigma actual [Psychiatry beyond the current paradigm]. *Acta Psiquiátrica y Psicológica de América Latina*, 59(3), 186–195.
 46. Feixas, G., Evans, C., Trujillo, A., Ángel Saúl, L., Botella, L., Corbella, S., ... López-González, M. A. (2013). La versión Española del CORE-OM: Clinical Outcomes in Routine Evaluation - Outcome Measure. *Revista de Psicoterapia*, 23(89), 109–135.
 47. Rogers, K. D., Young, A., Lovell, K., & Evans, C. (2013). The Challenges of Translating the Clinical Outcomes in Routine Evaluation-Outcome Measure (CORE-OM) Into British Sign Language. *Journal of Deaf Studies and Deaf Education*, 18(3), 287–298. <https://doi.org/10.1093/deafed/ent002>

48. Perry, T., Barkham, M., & Evans, C. (2013). The CORE-OM and CORE-OM (SV) in secure settings: a template analysis of the experiences of male patients and their staff. *British Journal of Forensic Practice*, 15(1), 32–43. <https://doi.org/10.1108/14636641311299068>
49. Skre, Ingunn, Friborg, Oddgeir, Elgarøy, Sigmund, Evans, Chris, Myklebust, Lars Henrik, Lillevoll, Kjersti, ... Hansen, Vidje. (2013). The factor structure and psychometric properties of the Clinical Outcomes in Routine Evaluation – Outcome Measure (CORE-OM) in Norwegian clinical and non-clinical samples. *BMC Psychiatry*, 13, 99–113. <https://doi.org/10.1186/1471-244X-13-99>
50. Rogers, K., Evans, C., Campbell, M., Young, A., & Lovell, K. (2013). The reliability of British Sign Language and English versions of the Clinical Outcomes in Routine Evaluation - Outcome Measure with d/Deaf populations in the UK: an initial study. *Health & Social Care in the Community*, 22(3), 278–289. <https://doi.org/10.1111/hsc.12078>
51. Elfström, M. L., Evans, C., Lundgren, J., Johansson, B., Hakeberg, M., & Carlsson, S. G. (2013). Validation of the Swedish version of the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM). *Clinical Psychology & Psychotherapy*, 20(5), 447–455. <https://doi.org/10.1002/cpp.1788>
52. Testoni, I., Armenti, A., Ronconi, L., Wieser, M., Zamperini, A., Verdi, S., & Evans, C. (2013). Violência de gênero. Testando um modelo: espontaneidade, bemestar psicológico e depressão {article in English in Brazilian journal, English title: Gender Violence. Testing a model of assumptions: spontaneity, psychological well-being and depression}. *Revista Brasileira de Psicodrama*, 21(1), 94–110.
53. Evans, C. (2012a). Cautionary notes on power steering for psychotherapy. *Canadian Psychology/Psychologie Canadienne*, 53(2), 131–139. <https://doi.org/10.1037/a0027951>
54. Shepherd, M., Evans, C., Cobb, S., & Ghossain, D. (2012). Does therapy make things worse?: Investigating episodes of psychological therapy where clients' scores showed reliable deterioration. *Clinical Psychology Forum*, 233, 8–12.
55. Huband, N., Evans, C., Duggan, C., & Khan, O. (2012). Personality Disorder Traits and Self-Reported Target Problems in a Treatment-Seeking Sample. *Clinical Psychology & Psychotherapy*, 21(2), 132-139. <https://doi.org/10.1002/cpp.1825>
56. Bracken, P., Thomas, P., Timimi, S., Asen, E., Behr, G., Beuster, C., ... Yeomans, D. (2012). Psychiatry beyond the current paradigm. *The British Journal of Psychiatry*, 201(6), 430–434. <https://doi.org/10.1192/bjp.bp.112.109447>
57. Kelly, V., Holtum, S., Evans, C., & Shepherd, M. (2012). Social constructions of PSYCHLOPS (psychological outcome profiles) in the context of CBT for psychosis. *Counselling and Psychotherapy Research*, 12(4), 1–10. <https://doi.org/10.1080/14733145.2012.672439>
58. Barkham, M., Bewick, B., Mullin, T., Gilbody, S., Connell, J., Cahill, J., ... Evans, C. (2012). The CORE-10: A short measure of psychological distress for routine use in the psychological therapies. *Counselling and Psychotherapy Research*, 1–11. <https://doi.org/10.1080/14733145.2012.729069>
59. Evans, C. (2012b). The CORE-OM (Clinical Outcomes in Routine Evaluation) and its derivatives. *Integrating Science and Practice*, 2(2). Retrieved from http://www.ordrepsy.qc.ca/pdf/2012_11_01_Integrating_SandP_Dossier_02_Evans_En.pdf
60. Viliūnienė, R., Evans, C., Hilbig, J., Pakalniškienė, V., Danilevičiūtė, V., Laurinaitis, E., & Navickas, A. (2012). Translating the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM) into Lithuanian. *Nordic Journal of Psychiatry*, 67(5), 305–311. <https://doi.org/10.3109/08039488.2012.745599>
61. Sales, Celia, Moleiro, Carla, Evans, Chris, & Alves, Paula. (2012). Versão Portuguesa do CORE-OM: Tradução, adaptação e estudo preliminar das suas propriedades psicométricas (The Portuguese version of CORE-OM: Translation, adaptation and preliminary data on its psychometric properties). *Interface*, 39(2), 54–59.

62. Evans, C., Ashworth, M., & Peters, M. (2010). Are problems prevalent and stable in non-clinical populations? Problems and test-retest stability of a patient-generated measure, 'PSYCHLOPS' (Psychological Outcome Profiles), in a non-clinical student sample. *British Journal of Guidance & Counselling*, 38(4), 431–439. <https://doi.org/10.1080/03069885.2010.503701>
63. Evans, C. (2010a). Death, taxes, certainties, groups and communities; or NICE and the deathly hallows. *Therapeutic Communities*, 31, 321–327.
64. Baker-Glenn, E. A., Steels, M., & Evans, C. (2010). The use of psychotropic medication in patients attending psychiatric outpatient services with a primary diagnosis of personality disorder. *The Psychiatrist*, 34, 83–86. <https://doi.org/10.1192/pb.bp.108.021758>
65. Turton, P., Hughes, P., & Evans, C. (2009). Long-term psychosocial sequelae of stillbirth: phase II of a nested case-control cohort study. *Archives of Women's Mental Health*, 12, 35–41. <https://doi.org/10.1007/s00737-008-0040-7>
66. Ashworth, M., Evans, C., & Clement, S. (2009). Measuring psychological outcomes after cognitive behaviour therapy in primary care: a comparison between a new patient-generated measure 'PSYCHLOPS' (Psychological Outcome Profiles) and 'HADS' (Hospital Anxiety and Depression Scale). *Journal of Mental Health*, 18, 169–177. <https://doi.org/10.1080/09638230701879144>
67. Mace, C., Rowland, N., Evans, C., Schroder, T., & Halstead, J. (2009). Psychotherapy professionals in the UK: Expansion and experiment. *European Journal of Psychotherapy & Counselling*, 11, 131–140. <https://doi.org/10.1080/13642530902927337>
68. Evans, C. (2009). Review: interpersonal psychotherapy is slightly better and supportive therapy is worse than other therapies for depression. *Evidence Based Mental Health*, 14, 116.
69. McPherson, S., Evans, C., & Richardson, P. (2009). The NICE Depression Guidelines and the recovery model: is there an evidence base for IAPT? *Journal of Mental Health*, 18, 405–414. <https://doi.org/10.3109/09638230902968258>
70. Newns, K., Evans, C., & Coker, S. (2009). The rise of cyber-research: nearing the end for pencil-and-paper sampling? *Clinical Psychology Forum*, 193, 25–28.
71. Palmieri, G., Evans, C., Hansen, V., Brancaloni, G., Ferrari, S., Porcelli, P., ... Rigatelli, M. (2009). Validation of the Italian version of the clinical outcomes in routine evaluation outcome measure (CORE-OM). *Clinical Psychology and Psychotherapy*, 16, 444–449. <https://doi.org/10.1002/cpp.646>
72. Palmieri, G., Margison, F., Guthrie, E., Moorey, J., Hardy, G., Evans, C., ... Rigatelli, M. (2007). A preliminary study of a measure of role-play competence in Psychodynamic Interpersonal Therapy. *Psychology and Psychotherapy: Theory, Research and Practice*, 80(2), 327–331. <https://doi.org/10.1348/147608306X117600>
73. Richardson, P., Jones, K., Evans, C., Stevens, P., & Rowe, A. (2007). An exploratory randomised trial of group based art therapy as an adjunctive treatment in severe mental illness. *Journal of Mental Health*, 16, 483–491.
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PRESENTATIONS

I have been presenting for thirty years with invited keynote presentations at conferences, universities and for national health delivery services in multiple countries. However, partly to protect time for writing and partly to reduce my carbon footprint, I have radically reduced this work as of 2018 and no longer list details here.

TEACHING

My first major teaching rôle was in my SHO post though again I am reducing this work. The following lists teaching work from the last 20 years.

2020	Visiting lecturer, University of Toulouse.
2017 — 2020	Supervision and consultation to PhD students (three) and DCounsPsych students (one): University of Roehampton
2017	HEA fellowship awarded
2015 — 2017	Part-time teaching on Masters in Integrative Psychotherapy and Doctorate in Counselling Psychology, University of Roehampton
2012 — 2015	External examiner, MSc in Psychological Therapies, University of Exeter
2011 — 2015	External examiner, MSc in Group Analysis, Birkbeck College, University of London
2010 — 2015	External examiner, MA in Intercultural Psychoanalytic Psychotherapy, University of East London with the Refugee Therapy Centre
1995 — 2006	Board Member, Guildford M.R.C.Psych. revision course
2002 — 2005	Member General Board, Training Standards Committee, UK Council for Psychotherapy
1998 — 1999	Research tutor, M.Sc. in Forensic Mental Health, St. George's Hosp. Med. School (SGHMS)
1996 — 2003	Research tutor, Prudence Skynner family therapy qualifying course

1993 — 2001 Member, Royal College part II basic sciences exams subcommittee

OTHER RÔLES AND EXPERIENCE

I have had held rôles and responsibilities which have given me a very wide experience of UK politics, of management and governance in the NHS and in NHS research particularly, and of the third sector and psychotherapy widely. The following lists key work from the last 20 years.

- 2017 —** Consultation on putting PBE and routine change measurement at the heart of the work of the Institut de Trastorns Alimentaris, a major Spanish mental health provider expanding from Barcelona & eating disorders to Spain and general mental health. Joint link with University of Barcelona.
- 2018 — 2021** Advisor to 87percent (<https://www.87percent.co.uk/>) from June 2018. 87percent provide smartphone apps for and services for health promotion and monitoring for major employers aiming to help their workforce improve their mental health.
- 2016 — 2019** Consultation to Metanoia Institute on practice-based evidence (PBE) and change measurement. Metanoia is the largest non-CBT psychotherapy and counselling training organization and service in the UK.
- 2012 — 2022** Member, Editorial Board, Journal of Family Therapy
- 2013 — 2015** Member, Editorial Board, Psychotherapy Research (2013-2015)
- 2012 — 2015** UK member, Society for Psychotherapy Research small grants committee (2012-2015)
- 2012 — 2014** Deputy Chair, Institute of Group Analysis
- 2009 — 2014** Trustee & Board Member, Institute of Group Analysis
- 2010 — 2012** Vice Chair, Council for Psychoanalysis and Jungian Analysis, UKCP
- 2007 — 2012** UKCP delegate for Institute of Group Analysis
- 2009 — 2011** Clinical Director, Psychological Therapies Directorate, Nottinghamshire Healthcare NHS Trust
- 2004 — 2010** Trust Research Governance Lead, Nottinghamshire Healthcare NHS
- 2007 — 2009** Past-President, Society for Psychotherapy Research, UK Chapter
- 2004 — 2007** President, Society for Psychotherapy Research, UK Chapter
- 2000 — 2004** College nominee, "Alderdice group" on statutory registration chaired by Lord Alderdice
- 1998 — 2002** Elected member, Psychotherapy Faculty Executive Committee
- 2002 — 2005** Member, College Parliamentary Liaison subcommittee of Public Policy Committee
- 2000 — 2004** Member, Tavistock & Portman and Camden & Islington Local Research Ethics Committees
- 1996 — 2001** Member, editorial board, Context, newsletter of Association of Family Therapy
- 1998 — 2000** Advisor, D.o.H. High Security Psychiatric Services virtual institute on research on personality disorders

OTHER ACTIVITIES

I peer review for a number of journals though I am reducing that work (publons: ID 1206843). With Professor Barkham and Dr. Margison I am a trustee of CORE System Trust and maintain its web site and translations (<https://www.coresystemtrust.org.uk/>).